



# Mistletoe Express

www.mistletoeheights.com

August 2011



**CHECK OUT JULY 4  
PHOTOS!** Pages 6-7

## How to keep your cool during periods of excessive heat

Extreme heat and high humidity can be dangerous to anyone, but particularly to the elderly, infants and young children, people with disabilities and people on medication for chronic health problems. Here are some tips for handling the heat:

The American Red Cross wants Fort Worth residents to know what they should do to weather the heat and remain safe during what can be dangerous conditions:

- Stay hydrated by drinking plenty of fluids. Avoid drinks with caffeine or alcohol.
- Never leave children or pets alone in enclosed vehicles.
- Eat small meals and eat more often.
- Avoid extreme temperature changes.
- Wear loose-fitting, lightweight, light-colored clothing.
- Slow down, stay indoors and avoid strenuous exercise during the hottest part of the day.
- Use a buddy system when working in excessive heat.
- Take frequent breaks if you must work outdoors.
- Check on family, friends and neighbors who do not have air conditioning, who spend much of their time alone or who are more likely to be affected by the heat.
- Check on your animals frequently to ensure that they are not suffering from the heat. Ensure your animals have water and a shady place to rest.
- Have a plan for wherever you spend time — home, work and school — and prepare for the possibility of power outages.
- Know those in your neighborhood who are elderly, young, sick or overweight. They are more likely to become victims of excessive heat and may need help.
- If you don't have air conditioning, choose places to go to for relief from the heat during the hottest part of the day — community centers, theaters, malls.

### The big 5 water savers

1. Stop leaks.
2. Replace your toilet with a new water-saving model.
3. Replace your clothes washer with an energy-efficient model.
4. Plant the right landscape and irrigation.
5. Water your landscape when your plants need it.



## The bridge is back!

After a yearlong closure, the Rosedale Street bridges connecting directly to Interstate 30 are back open. Now get ready for the Chisholm Trail Parkway project construction.

Mistletoe Heights Neighborhood Association meeting, 7 p.m. Tuesday, Aug. 16, at President Jeff Davis' house, 2325 Mistletoe Drive.

### Inside This Issue

Page 2 - Yard of the month  
Page 3 - New residents,  
Italian Summer Bread Salad  
recipe

Page 4 - Events, meetings  
Page 5 - Gardening  
Page 6-7 - July 4 photos  
Page 8 - MH Dues

Page 9 - Classified ads  
Page 10 - Animals & heat  
Page 11 - Voting, West  
Rosedale project

Page 12 - Air quality study  
Page 13 - MH Treasurer's  
Report, Letter from editor  
Page 14 - Important numbers

# Yard of the month: 2229 Weatherbee St.

Alan and Phyllis Ettinger of 2229 Weatherbee Street are recipients of August's Yard of the Month citation. Surely, everyone has driven by the Ettinger house on the southeast corner of Weatherbee and Forest Park Boulevard many, many times. It should not go unnoticed that the side yard facing Forest Park has been undergoing a transformation.

Last year, it was the new flower bed beside the garage that included purple and orange chrysanthemums, pittosporums, pink oleanders and Indian hawthorn and purple sage. And this year, three more half-circle flower beds have been added along this side yard which should grab your attention.

One bed has flowering tropical hibiscus, a beautiful unidentified yellow and orange/red flowering plant, purple fountain grass and a type of fan palm. The next bed has various shades of pink knockout roses and wax-leaf ligustrum surrounded by white, pink and red begonias that should eventually hide the front of the air conditioning unit. The side bed closest to the front of the house includes more roses, salvia and Mexican heather and unspecified small yellow flowering plants. Nandinas line the west side of this house, providing some sun and sound protection.

Yaupon holly trees, Japanese yews and Chinese pistache trees are in the front flower beds along with more pink and red knock-



out roses, yellow roses, purple sage, dwarf yaupon holly bushes and Indian hawthorn bushes. Two red oak trees anchor each side of the front yard with red, white and pink begonias circling each tree. More begonias border the front beds along the front of the house. This year the entire sprinkler system was redone and plans for the fall include adding a couple of Japanese maple trees.

Congratulations to the Ettingers for their work in progress and bringing beauty to those who drive by on Forest Park Boulevard. For their efforts, they will receive a generous gift certificate provided by Calloway's Garden Center.

urbanYOGA  
YOGA

NIA

BARRE

urbanYOGAfw.com

1706 8th avenue, fort worth  
817-908-flow

urbanYOGA

**City Roofing  
Company**

Established 1964

**Residential Roofing Specialists**

No-Charge Estimates ♦ Reroof ♦ Repairs ♦ Inspections

**817-738-1756**

## YOUR BUSINESS DESERVES THE SAME RESPECT YOU GIVE YOUR CUSTOMERS.

At Edward Jones, you'll get more than respect. We'll help your business gain a financial advantage. Together, we can design an individual program for your business, with the kinds of tools and options you'll really use, such as:

- Business Credit Card with Rewards
- 401(k)s and Other Retirement Plans
- Insurance Programs
- Business Continuation Planning
- Wide Range of Investment Options and Strategies

Call your local financial advisor today.



**Bruce C Border, CFP®**  
Financial Advisor

2453 Forest Park Boulevard  
Ft Worth, TX 76110  
817-926-8056

[www.edwardjones.com](http://www.edwardjones.com) Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING



## Welcome, new residents: from far away and close-by

Over the past few weeks, we've had two new families join the ranks of Mistletoe Heights.

The Dunivans (mom and dad are Casi and Troy; children are London and Justice) are new to our neighborhood from nearby Arlington Heights. They've moved in and are putting down roots on Magnolia Avenue.

New on Mistletoe Drive is the Marcus family. Rick's work relocated him here earlier this year, and as soon as school was out for son Zachary in New York, he and his mom Tabbatha moved down to join Rick. According to Rick, homes were considered as far north as Plano and as far south as Burleson, with our neighborhood quickly winning their affections hands down.

Both families have been welcomed to the neighborhood with welcome baskets courtesy of our association with a request that they join in to neighborhood activities along with the rest of us, such as the upcoming quarterly meeting on August 9 at 7 p.m. at the home of Jeff Davis. Everybody's encouraged to turn out for this meeting and extend a warm welcome to both families. Hope to see you there!



Check out  
our updated website:  
[www.mistletoe-heights.com](http://www.mistletoe-heights.com)

## Italian Summer Bread Salad

- 2 cloves garlic minced
- 1 large loaf of day old Italian bread (toasted)
- 1 cup diced tomatoes
- 1 cup cucumber - peeled, seeded and diced
- 1 cup chopped red onion
- 2 cups chopped fresh basil
- 1 tablespoon of minced fresh thyme
- 1/4 cup chopped olives
- 1/4 cup olive oil
- 1-tablespoon balsamic vinegar
- 1 tablespoon lemon juice
- 3 tablespoons of grated imported Parmigiano-Reggiano
- Salt and pepper to taste

Toast and chop the bread into bite-size pieces. Combine toasted bread, tomatoes, cucumbers, red onions, olives, garlic, basil and thyme. Wisk olive oil, balsamic vinegar, lemon juice. In a small bowl. Sprinkle Parmesan on salad. Salt and Pepper to taste, and toss so all of the salad is well coated and serve.

# LIKE A GOOD NEIGHBOR, STATE FARM IS THERE.®



For your insurance and financial needs, see State Farm Agent:

**Jason Needham, Agent, ChFC CLU**  
1708 8th Avenue  
Fort Worth, TX 76110-1348  
Bus: 817-921-4111 Toll Free: 866-945-2766  
[jason.needham.nv00@statefarm.com](mailto:jason.needham.nv00@statefarm.com)

LIKE A GOOD NEIGHBOR



STATE FARM IS THERE.®

*Providing Insurance and Financial Services*

[statefarm.com](http://statefarm.com)®

P026038

State Farm Insurance Companies • Home Offices: Bloomington, Illinois

9/05



## OUR NEW HURST LOCATION IS NOW OPEN!

Find the **LARGEST APPLIANCE SELECTION** in the State of Texas!  
**HUNDREDS OF APPLIANCES Under One Roof!**  
**The LOWEST PRICES in the Metroplex!**

Now with **THREE LOCATIONS** to meet all your appliance needs:

**Our Newest Location!**

3401 Pioneer Pkwy.  
Arlington, TX

**840 Airport Frwy**  
**Hurst, TX**

1500 I-20 East  
Arlington, TX

817.299.2800

[www.txappliance.com](http://www.txappliance.com)

# Ruffinos

RESTAURANT

Sunday Brunch  
at Ruffinos  
10 am to 2 pm

"Every Sunday,  
I will be making  
homemade  
pastries that you  
can smell all  
the way from  
your house.  
Come eat!"

-Chef Asdren

For Reservations,  
Call 817.923.0522  
2455 Forest Park Blvd.



## EVENTS AND NEIGHBORHOOD MEETINGS

Mistletoe Heights Neighborhood  
Association meeting, 7 p.m.  
Tuesday, Aug. 16. President Jeff  
Davis' house, 2325 Mistletoe Drive.

Dallas - Fort Worth KRLD  
Restaurant Week, presented by  
Central Market. Gourmet Prix-Fixe  
Dinners for \$35, Aug. 15-21, 2011.

Back to school! Monday, Aug. 22

## Central Market bags benefit Mistletoe!

Central Market bags are STILL available on Thomas and Marjorie  
Day's porch, 2239 W. Magnolia Ave. On the honor system, please  
send your donation to our neighborhood treasurer, Jeri Jo Blackmon,  
1408 Mistletoe Drive. The money made from the reusable grocery  
bags donations goes toward our Entrance Beautification program.

## Get on the Mistletoe Heights email list

To subscribe to the Mistletoe Heights Residents mailing list, go to  
[www.mistletoeheights.com](http://www.mistletoeheights.com), click on "Email List" and look for the section  
"Subscribing to Residents". Enter your email address and name and click  
"Subscribe". Be aware that you may need to add residents-bounces@  
mistletoeheights.com to your address book so the incoming emails are  
not treated as spam. We're still missing lots of neighbors on the email  
list. If you have any questions or concerns about the email list, contact  
[moderator@mistletoeheights.com](mailto:moderator@mistletoeheights.com).



Associates  
of Internal  
Medicine

AIM for your health

Preventive Health Screenings  
(Well Man and Well Woman Exams)

Ages 14 and up

Diabetes

Weight Loss

High Cholesterol

Osteopathic Manipulative Treatment

High Blood Pressure

Heart Disease

Sick Visits

Inpatient Hospital Care



Pavani Bellary, DO



Niraj Mehta, DO



Morvarid Rezaie, DO

Our Board certified physicians are home grown  
right here in Fort Worth. They graduated from  
University of North Texas Health Science  
Center TCOM and trained at Plaza Medical  
Center of Fort Worth. Now, our physicians want  
to take care of you right here in your own  
neighborhood.

2260 College Avenue, Fort Worth, TX 76110

**TEL** 817-870-DOCS (3627)

**FAX** 817-870-3636

[www.associatesofinternalmedicine.com](http://www.associatesofinternalmedicine.com)

# Shedding light on city lots

By Marjorie Day

City lots have it all.

Little city lots with their narrow sides and Lilliputian yards can make even diehard city gardeners wanting a piece of the country. A small lot that you wanted to be chic and cohesive can turn into granny's crazy plant collection pretty quickly without practicing restraint.

The environmental conditions of gardening here in Fort Worth are challenging to say the least, but some Texas gardeners are wide open to the opportunity that the unique growing conditions here offer.

Most city lots have a combination of shade and sun and knowing how to echo plants and ornaments in various lights and soil conditions is the key to making your landscape look cohesive.

Create your shady garden with plants like mahonia, hollies, pittosporum, boxwood, hostas, ferns, and shade tolerant ground

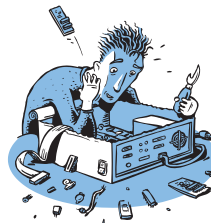
covers...in your transitional space that has dappled light and full sun, try to use some of the plants from your shady garden area that do not mind sun like the boxwood and repeated ground covers. Find plants that can go from part sun to sun that you have already used like coneflowers or sedums. When you are in your sun zone, try to keep things simple, use heat loving and drought tolerant plants that create a low maintenance area. You will be happy you did when it is 105 outside.

Look to unify the three zones as much as possible with a color or repeated element, like stone pathways, rocks, pottery, art and plants that are tolerant of a wide range of all of your lot's light conditions.

For example, yuccas can take some shade and be in your sun garden all at the same time.

Always work toward a native and adapted garden in Texas. Have fun and pray for cooler days.

## COWTOWN COMPUTER HOUNDS



VIRUS REMOVAL  
PERFORMANCE PROBLEMS  
WINDOWS/APPLE/LINUX  
HARDWARE/SOFTWARE

WIRELESS NETWORKING  
HOME NETWORKING OR  
SMALL BUSINESS  
HOME THEATER  
MEDIA PC

BAG THE GEEKS AND HIRE THE HOUNDS

SERVICE AND SUPPORT LOCAL TO MISTLETOE HEIGHTS

ONSITE SERVICE FOR YOUR COMPUTER AND NETWORKING NEEDS

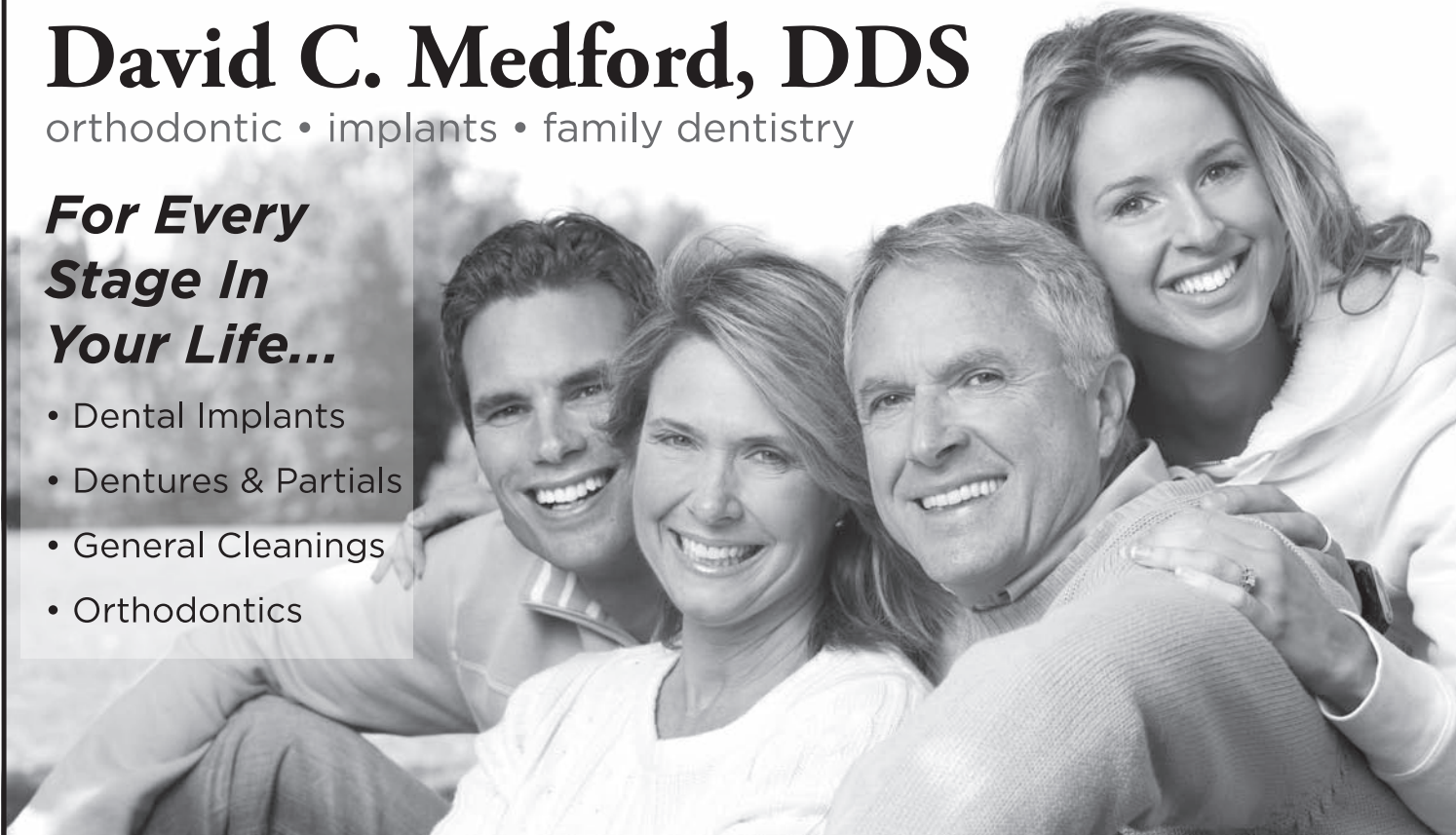
CALL 9AM TO 9PM **OR**  
EMAIL T111HINDS@YAHOO.COM  
COWTOWNCOMPUTERHOUNDS.COM  
817-919-5135

## David C. Medford, DDS

orthodontic • implants • family dentistry

**For Every  
Stage In  
Your Life...**

- Dental Implants
- Dentures & Partial
- General Cleanings
- Orthodontics



**817.923.9877** 2517 8th Ave. • Fort Worth • [www.drmedford.com](http://www.drmedford.com)



# MISTLETOE HEIGHTS PARADE JULY 4, 2011







Photos courtesy of Heather Raiden, 2400 Harrison Ave., Andrew & Anna, and Wendy Blanton.



## Hello Mistletoe Heights Neighbors!

It is time again to collect dues donations for our neighborhood association. All residents of Mistletoe Heights are members of the association and dues donations are completely voluntary. Any amount is welcomed and appreciated.

In addition to the seasonal social gatherings, landscape maintenance, newsletter and directory publications, dues donations fund a number of special projects.

We will conclude our dues drive in the Fall. Various levels of giving will be recognized in upcoming newsletters with the final recognition for the year being published in our November newsletter if received before October 15<sup>th</sup>.

Levels of giving for this year are:

Mistletoe - up to \$24

Holly - \$25 to \$49

Gardenia - \$50 to \$74

Magnolia - \$75 and up



Thank you for supporting your neighborhood association. Together we can make Mistletoe Heights an even better place to live.

☐ \$15   ☐ \$25   ☐ \$50   ☐ \$Other

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Please check here if you wish your donation to remain anonymous ☐



Please return your dues donation to:

Mistletoe Heights Association  
c/o Jeri Jo Blackmon  
1408 Mistletoe Drive  
Fort Worth, TX 76110



# Free neighborhood classified ads

DUPLEX FOR RENT, Mid 6/11, \$875 + utilities, Approx 1300 sf, 2 bedrooms, 1 bath, living room, dining room, kitchen, stainless steel appliances, energy efficient ac & attic fan, W&D, hardwood floors, covered parking, wood deck. 817-927-7200.

\*\*\*\*\*

BEAUTIFUL TWO-STORY CARRIAGE HOUSE for rent to female occupant in historic Mistletoe Heights neighborhood, less than two miles from TCU campus. Downstairs has a living room overlooking the pool and private patio, kitchen with large pantry, and utility room with washer & dryer and half bath. Upstairs is a huge bedroom with loft storage and a full bath. \$795.00 monthly, plus electric. Please contact Meralyn@sbcglobal.net.

\*\*\*\*\*

TUTOR, K-3rd grade. Caring, encouraging, experienced (12 years) certified elementary school teacher is offering tutoring this summer. Contact Kathy Jo Rogers at 817.688.0905 or kathy-jorogers@sbcglobal.net.

\*\*\*\*\*

EXPERIENCED BABYSITTER/NANNY/ CHILDCARE PROFESSIONAL. My name is Britney Owens and I live in the Mistletoe Heights Neighborhood. I have 8 years of experience in high end quality childcare and I am seeking to help you with your family's needs for a babysitter! I bring toys and it allows me to be very hands on and interactive when doing developmentally appropriate activities with children. I've had a variety of experiences. Currently I am working for Cooks Kids Place Childcare and a Nanny Agency where I have assisted Pro-Athletes Families. I would love to help you as well. Please call me at 817-253-4734 or email britneyn.owens@yahoo.com to let me know if I can help you!

\*\*\*\*\*

HARPIST: Sally Sledge ministers on the harp as a worshiper, psalmist and vocalist. She has recorded two C.D.'s: "Return to Your Rest" and "Cherished Times". She is available to play for home groups, church events, Bible studies, weddings, funerals, dinner parties or any special occasion. For more information and song samples, you may access her web site at [www.sallysledge.com](http://www.sallysledge.com).

\*\*\*\*\*

MISTLETOE HEIGHTS PET SITTERS is now booking for your vacation, or any other time. References available on request. [www.mistletoeheightspetsitters.com](http://www.mistletoeheightspetsitters.com) or 817-247-2870

\*\*\*\*\*

PIANO LESSONS for beginners and intermediates. Mary Smith, 2300 W. Magnolia Ave. 817-927-8876.

ESTATE SALE SERVICES - Estate Sales & Appraisals Experienced, reliable estate sales in and out of Mistletoe Heights since 1992. Certified Appraiser, International Society of Appraisers. Appraisals for insurance, estate evaluations, donations; whatever your needs. Contact: Terri Ellis, Mistletoe Estate Sales, 817-926-9424 or email [tquilts@mac.com](mailto:tquilts@mac.com)

\*\*\*\*\*

MEMORY QUILTS: Do you have more t-shirts than you can wear? I have a solution! Turn them into memory quilts. Call Jill at 817-217-4497 or visit [www.sew-what-quilts.com](http://www.sew-what-quilts.com)

\*\*\*\*\*

EARLY CHILDHOOD MUSIC: Mistletoe Musikgarten For babies, toddlers, pre-schoolers and their parents Taught by Carol Spencer, certified by the Early Childhood Music and Movement Association and the Gordon Institute for Music Learning MistletoeMusik.com. 817.927.3240 ~ [carolingfw@sbcglobal.net](mailto:carolingfw@sbcglobal.net)

\*\*\*\*\*

## VINTAGE SALES

Estate sales and appraisals in Fort Worth since 1992. Call Anne Bourland for information. 817-924-5959

\*\*\*\*\*

GOING OUT OF TOWN? Call Riley Gensheimer. Neighborhood teenager available for pet sitting and plant watering. Riley Gensheimer (age 15) of 2337 West Magnolia is available to take care of your home while you are away. I will bring in the mail, water plants and feed your pets for \$10-\$15 a day. Call 817-991-8214

\*\*\*\*\*

## PET PORTRAITS:

Melissa Kahout's work is a perfect gift for the pet lover in your life. Great for graduations, anniversaries, birthdays, weddings or just because you love your pet. You can contact Melissa @817-924-7063 or [www.mkohouthorseportraits.com](http://www.mkohouthorseportraits.com)

\*\*\*\*\*

## LEARN TO SWIM LESSONS - With emphasis on Olympic strokes.

Contact: Richard Sybesma, Head Swim Coach TCU Box 297600, Fort Worth TX 76129

817-257-5646 or 817-257-7963

\*\*\*\*\*

COMPLETE PROPERTY RENOVATION: Demolition, clean-up, specializing in historic home renovations, painting, wallpaper. Contact Jeff at 817-988-7113.

\*\*\*\*\*

HELP THE NIGHT SHELTER; If you are interested in participating in or donating to The Presbyterian Night Shelter's Operation Move Out, please contact Heather White at 817-632-7415 or [hwhite@pns-tc.org](mailto:hwhite@pns-tc.org)

## Ben Taylor Optical

*Style • Service • Savings*

1101 West Rosedale

817-870-2061

[www.BenTaylorOptical.com](http://www.BenTaylorOptical.com)



## Judy Garza Plumbing

Reasonable Rates and Senior Discounts

Licensed and Insured - M14707

817-495-3406

After hours and weekend service available

# Animals distressed due to extreme heat

As a result of the recent stretch of extreme heat, the City of Fort Worth's Code Compliance/Animal Care and Control Division has received an overwhelming number of priority calls regarding animals in distressed situations. The call volume has doubled from its normal case load.

When temperatures began rising to potentially dangerous levels, Animal Care and Control implemented extreme heat measures in an attempt proactively minimize any unnecessary suffering by the animals. Some of those measures have included asking residents to stop trapping domestic animals and wildlife. Officers also are on high alert to ensure they spot animals in vehicles or other enclosed areas that pose potential danger. Additionally, over the past two months officers have been returning to the shelter multiple times a day to off-load the animals into the cooler facility.

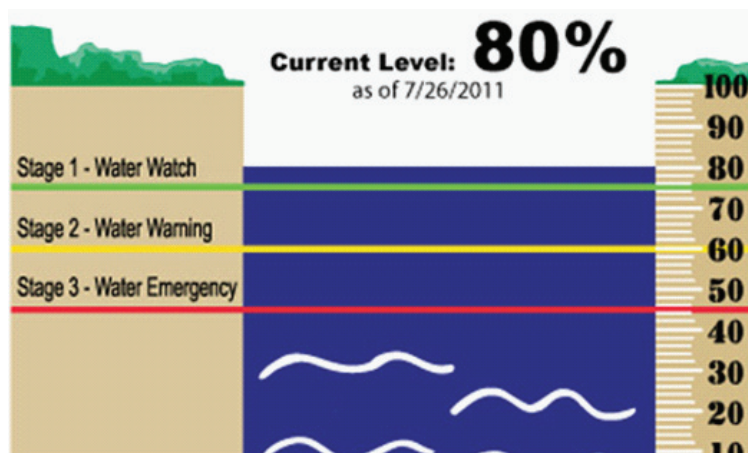
Animal Care and Control is requiring off-duty officers to work additional hours and Code Compliance has temporarily re-assigned 10 code officers to the division to expedite response time on the priority calls.

The City also offers important hot weather tips to keep pets healthy:

- Never leave an animal alone in a vehicle, even if windows are partially opened, as it can quickly become a furnace.
- Dogs and cats need a cool, shady place to sleep during the hot weather with plenty of clean, fresh water accessible at all times.
- Feed animals in the cooler hours of the day.
- Heatstroke is life threatening for dogs and cats. Signs to watch for are: heavy/loud breathing, a staggering walk or a bright red tongue.

Residents can be of further assistance by watching out for animals in their neighborhood or in public places. To report animals who may be in distressed situations call, 817-392-PAWS (7297)

## LAKE LEVELS



## Did you know?

A constantly running toilet can waste over 200 gallons of water a day. WaterSense labeled products are generally 20% more water-efficient than other products in that category.

# Banking Made Easy

Corner of Hemphill and Magnolia  
817-927-7730

**SOUTHSIDE BANK**  
Member FDIC

www.southside.com

## Dr. Kory S. Cummings

**THERAPEUTIC  
OPTOMETRIST**

1101 West Rosedale  
(S.E. corner Rosedale & Henderson)

**817-294-4834**

www.weloveyoureyes.com



**Jeff Davis**  
Chairman/Fort Worth Division

**REPUBLIC TITLE OF FORT WORTH**

A DIVISION OF  
REPUBLIC TITLE OF TEXAS, INC.

420 Throckmorton  
Suite 640  
Fort Worth, Texas 76102  
Main (817) 877-1481  
Metro (972) 445-5044  
Direct (817) 806-1301  
Fax (817) 810-1051  
Email: jeffdavis@republictitle.com

## Bob Bourland

Frank Kent Honda  
3451 W. Loop 820 South



817.696.4144 Direct, 817.266.7693 Cell  
rd.bourland@yahoo.com



# We are a voting community!

*Submitted by Marian Eastman*

If you haven't congratulated yourself for keeping the Mistletoe Heights and Park Hill voting tradition, do so. These neighborhoods have consistently been above average in this county in its voting record. To some of you that may not seem much but when most of the country not to mention this county votes at 10-15% our being at greater than 25% is very high praise. There have been contests where we have had 65% participation. So we have really done our work.

Think of this: voting is a community activity. Now there are not too many places where you can meet and greet your neighbors, catch up on all the gossip, check on kids you haven't seen in a while (because now they are in college or married with kids) and possibly meet a neighbor that you hadn't meet before. Not to mention just to check the voter count to see that you're one of the 'chosen ones'.

Thank you voters for your commitment to the process. My wish is to make our voting record even stronger and invite all my neighbors to come join in.

# Could West Rosedale become Pedestrian Friendly?

According to Fort Worth's project list, West Rosedale is scheduled for a facelift. From 1-35 to Forest Park Blvd. a revitalization program is underway much like what was done on Berry Street. The West Rosedale Street Retrofit should begin this month and be finished in 2013.

This is a Sustainable Development Grant project for the design and construction of sidewalks, crosswalks, benches, trash receptacles, shade trees, lighting, and a pedestrian plaza along W Rosedale St from Main St to Forest Park Blvd.

Mistletoe Heights will benefit greatly from a West Rosedale upgrade.

The city is also finally considering the situation on Jerome Ave regarding sidewalks to connect Lily B. Clayton and Newby Park. All good news.

## What do you want to know about our neighborhood?

The Mistletoe Express newsletter brings you information about what's going on in our neighborhood. For instance, what the heck is Midtown and what is going on there? We'll bring you an update for the September issue.

Send an e-mail to the editor letting us know what you want to know more about, and we'll do our darnedest to get it in. We welcome your written submissions, too!

Better yet, attend the 7 p.m. Tuesday, Aug. 16 Mistletoe Heights Neighborhood Association meeting at Jeff Davis' house, 2325 Mistletoe Drive. You'll be in the know!

Newsletter contact: Marjorie Day, perrellim@aol.com, 817-914-8057

## I love my "gray Taco Bell"...

The gray mission-style bungalow on Harrison Avenue has been my home for almost 30 years. And Mistletoe Heights has always meant much more to me than just a convenient place to live.

I'm already your neighbor, I'd like to be your friend—and Realtor®.

While I may not have a drive-thru window, no one will work harder for you. After all, you know where I live!



*"I am truly your neighborhood Realtor®  
—do call me for your real estate needs"*

*Gaye Reed*



**(817) 921-8164**

**gaye.reed@coldwellbanker.com**



## Mediterranean flavors infused with Southern Hospitality.



**CHADRA**  
MEZZA & GRILL

**Southern Hospitality. Mediterranean Flavor.**  
1622 Park Place Avenue | [www.chadramezza.com](http://www.chadramezza.com)  
Fort Worth, TX 76110 | 817.924.2372

## Air-quality study calls for further action

Fort Worth City Council called the newly released air quality report a good start, but called for further discussion and a review of the existing Gas Drilling Ordinance to address concerns and respond to findings.

A comprehensive study of gas exploration and production sites by Eastern Research Group Inc. (ERG) did not reveal any "significant health threats" and concluded that Fort Worth's 600-foot setback distance is adequate. However, some gas production facilities — like compressor stations — may require additional review, according to the report. As part of its study, ERG took air samples from nearly 400 gas production facilities along with ambient air samples collected over a two-month span throughout the city.

The City Council made it clear that the health and safety of citizens is its top priority. And, while there may be some quick fixes that can be made, there are also long-term issues that should be reviewed. Some initial ideas were suggested, but the City Council called for a workshop to further discuss any changes.

## Kim and Kay's Painting and Remodeling

**In business since 1982.**  
**The first woman in Texas to be licensed.**  
**Full time staff, one of every trade.**  
**Specializing in renovation.**

**KITCHENS**  
Cabinets Counter Tops Flooring

**BATHROOMS**  
Tile/Granite Plumbing Painting

**INTERIORS**  
Lighting/Electrical  
Custom Painting  
Carpentry

**EXTERIORS**  
Restoration or install new windows and doors  
Painting/replacement of wood patios/decks

Office: 817-735-9641 Mobile: 817-714-3456 Ft. Worth

**Meridian Bank Texas** Member FDIC  
[www.mbttx.com](http://www.mbttx.com)

**WHEN TCU WINS  
YOU WIN!**

**GRIDIRON CD**

Open a One Year CD  
and a Companion Account,  
and Your CD rate will INCREASE  
with each TCU WIN

**FOR EXAMPLE**

Starting Rate on CD = 1.00%\*  
PLUS: 12 Regular Season Games  
x 10 bps per win = 120bps  
PLUS: 1 Bowl Game Win  
x 15 bps = 15bps  
Ending Rate on CD = 2.35%\*

One-year Gridiron CD AND companion account must be opened between July 1, 2011 and August 31, 2011. A "companion" account is defined as an Interest Checking or Relationship Checking account for a consumer, and as a checking or money market account for a business. Please see banker for account specific disclosures. The minimum balance required to open the CD is \$1,000, with a maximum balance allowed of \$100,000 per account. Two accounts allowed per household or business. Select either Texas Christian University (TCU) or University of North Texas (UNT) as the collegiate football team your CD will follow. For each TCU or UNT regular season game win the interest rate on the CD will be increased by 10 basis points (bps). The total interest rate increase will be effective no later than December 13, 2011 through the initial term of the CD. For a TCU or UNT bowl game win, the interest rate on the CD will be increased by 15 bps and will be effective January 17, 2012 through the initial term of the CD. Early withdrawal penalties apply. We reserve the right to discontinue the product offering at any time. The product is not endorsed or supported by either TCU or UNT. \*Interest Rate is for illustrative purposes only and is not a guarantee of ending rate.



# Mistletoe Heights Association Income & Expenses January through June 2011

	Jan - Jun 11
<b>Income</b>	
Advertising Income - Newsletter	3,527.00
Central Market Bags	82.00
Dues Donations	2,190.00
Interest Income	3.62
<b>Total Income</b>	<b>5,802.62</b>
<b>Expense</b>	
Bank Charges	0.18
Easter Egg Hunt	271.29
Lily B. Clayton	250.00
MHA Entrance	1,151.83
Newby Park Improvements	23.87
Newsletter Expenses	1,859.25
Water Expense - Newby	349.71
Website Expense	95.25
<b>Total Expense</b>	<b>4,001.38</b>
<b>Net Income</b>	<b>1,801.24</b>

## August garden to-do list

- Autumn Asters and salvias have great fall color and will return year after year.
- Crape myrtles will re-bloom if you trim off faded flowers.
- Fertilize Caladiums with a high nitrogen fertilizer and water in.
- Never do heavy or severe pruning in the summer, only cut out dead branches.
- Pick flowers and deadheading encourages most annuals and perennials to flower even more abundantly.
- Divide spring-perennials, such as iris, Shasta daisy, oxeeye, gaillardia, cannas, day lilies, violets, lirioppe, and ajuga.
- A late-summer pruning of rosebushes can be beneficial. Prune out dead canes and any weak, brushy growth. Cut back tall, vigorous bushes to about 30 inches. After pruning, apply fertilizer, and water thoroughly. If a preventive disease-control program has been maintained, your rose bushes should be ready to provide an excellent crop of flowers this fall.
- Be sure to check the water on your lawn areas. Put out water receptacles like tuna cans as a test to be sure you have even watering at one inch per week.
- Keep your stuff alive until more hospitable temperatures prevail.

## PARK PLACE PHARMACY

**Business Hours:**  
Monday - Friday  
9:00am to 6:00pm

Closed Weekends  
& Holidays

Craig Nicholson, RPh  
Monique Nicholson, RPh

**Your Neighborhood Pharmacy**

Phone: 817-924-9292  
Fax: 817-924-9264

1601 Park Place Ave, Suite B  
Fort Worth, TX 76110-1303

## LETTER FROM THE EDITOR

### How about **one** Neighborhood Police Officer?

Where is the eastside NPO David Cloninger? It seems the westside of the neighborhood get consistent updates of local police reports, The east side? Nothing.

After giving the police the benefit of the doubt, the Central Division has shown itself to not care about reporting crime to the east side.

Let's get Mistletoe Heights back to **one** NPO and a cohesive one NPO neighborhood, so we know what is going on with crime. A well-informed neighborhood has less crime, and is better able to see patterns of crime and be proactive and alert.



1633 Park Place  
Fort Worth, Texas 76110

(817) 923-2282

## NEW IN FORT WORTH!

# CROSSFIT IRON HORSE

### What is CrossFit?

CrossFit is a core strength and conditioning program that leads to superior general physical preparedness.

- **Constantly Varied** (Broad, General, & Inclusive)
- **Functional Movements** (Natural core to extremity movements)
- **High Intensity** (You will SWEAT!)

Check us out at [www.crossfitironhorse.com](http://www.crossfitironhorse.com)  
or try us out @ 9am Saturday (open to the public)

**"It's like having your own Personal Trainer for every workout."**

**1907 Windsor Place  
Fort Worth, TX 76110  
817-922-8200**

**[info@crossfitironhorse.com](mailto:info@crossfitironhorse.com)**

Next door to Travis Lutter Jiu-Jitsu