



The Mistletoe Express

www.mistletoeheights.com

June-July 2010

Flags wave

Thanks to Gene Wilson for letting us know about the Rotary Club flag program. Mistletoe Heights Association has purchased flags to line Triangle Park. You may have seen them on Memorial Day. If not, check them out July 4. You can still sign up to have a flag display at your home Flag Day-June 14, July 4th, Sept. 11, and Veteran's Day-Nov. 11. Contact Gene Wilson, 817-921-3001 or gw@genewilsoncpa.com.

Crime Alert

Submitted by Jackson Chang, Edwin Street

Around 9:30 p.m. in May, a neighbor of mine was able to thwart a would-be vandal in a blue van (Dodge or Chrysler) who was attempting to smash a car window parked on Edwin with a baseball bat. He wasn't able to see a plate, but yelled to scare them off. Just wanted the neighborhood to know in case they are parking their cars on the street.

Editor's Note: Park in your garage if possible, or pull your car past the facade of your home in your driveway. Input officer Mark Russell's mobile phone number, 817-991-8472, into your cell, so when you see suspicious activity, you can call our neighborhood police officer at the moment of the occurrence.



Thank you, Martin, Gaye and Kate Herring, for all the years you've hosted the ice cream social!



JOIN US JULY 4!

Mistletoe Heights neighborhood tradition is to parade around Triangle Park, beginning at 7 p.m. Children decorate their bikes and wagons in patriotic colors for the parade. No motorized vehicles, please. Bring your socialized-leashed pets, and listen to the grooving sounds of the Greater Fairmount Marching Band.

MHA will provide bounce houses for the kids. This year, 2010, we're going to have the ice cream social at Triangle Park or one of the neighboring homes. It's always a great time to see our neighbors and celebrate Independence Day! Take photos and send them to us. We'll post them in the August issue of the Mistletoe Express.



Thank you to Joy Teague for her many years of dedication in providing welcome baskets to those of Mistletoe Heights.

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Letter from the president

By Jeff Davis

In a conversation about helicopter noise with neighbor Gerry Tyson at the last quarterly meeting, I remarked that I was becoming increasingly concerned about the level of noise in the neighborhood.

We understand that we live in a neighborhood only minutes from downtown Fort Worth, but we want to maintain our quality of life in this urban area. And that means less noise, among other issues.

Gerry told me that April 28 was Noise Awareness Day. And he forwarded a New York Times story about how Noise Awareness Day was created in New York City 15 years ago to educate people about the harmful effects on health of excessive noise!

If you Google "noise," you'll find a large number of hits on the subject. The facts seem to suggest that noise affects both health and behavior! When certain decibel levels are reached, it may not be just an annoyance, but can cause aggression, hypertension and stress.

And, did you know that zebra finches become less faithful to their partners when exposed to traffic noise? (It's hard to believe that someone actually published a paper on this!)

So, I've lived in Mistletoe Heights for 25 years and have gotten used to the early morning train whistles and the increasing din of traffic, starting at 6 a.m. Guess you can get used to anything.

I do wonder about the new Southwest Freeway and its contribution to the noise level. Some cities have noise ordinances -- Portland, Ore., being in the forefront of recognizing the importance of quietude.

And, there are any number of ways to reduce noise levels, including noise barriers, better surface textures and the limitation on vehicle size.

I'm not certain that Fort Worth has a noise ordinance. But as population densities increase in major cities, maybe we should consider ways to reduce what once was a nuisance escalating into real "unpleasantness."

Comments, anyone ... anyone?

Editor's note: Mistletoe Express ran an article on noise pollution in the April 2010 edition. Go to www.mistletoeheights.com for archived newsletters.



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Yard of the month 1208 Buck Ave.

Recognition for Yard of the Month in June goes to the Scott family -- Simone, John, Hannah and J. P. at 1208 Buck Ave.

Their modified Tudor-style house has an open front porch with a balustrade completely covered with climbing roses.

Simone has designed the yard like an English garden with emphasis on native plants. Earlier in the spring, a large snowball tree in the north garden was in full bloom, as also were a wealth of various irises and gladiolas, including the rare Byzantine gladiola.

Now, garlic, day lilies, amaryllis, larkspur, cone flowers, Shasta daisies and petunias are flourishing. Swiss chard adds rich color to the beds and continually provides salad for the table.

For years, Simone worked tirelessly at our neighborhood plant sale -- when it was in our neighborhood and, later, when it moved to Preservation Hall. Many of her plants are from that sale, and all of her roses came from the plant sale supplier, Antique Rose Emporium.

For iris lovers, she recommends the iris sale at the Botanic Garden in September. She and her neighbors go together and order seeds from Wild Seed Farms in Fredericksburg. Once, she even ordered a pound of zinnia seeds. Yes, it lasted quite awhile! Now she's excited about a silver dollar eucalyptus that has sprouted after the cold. She hopes to propagate some of the sprouts.

Simone's enthusiasm for gardening is contagious. She willingly shares her wealth of information about native plants with anyone who is interested. She and her family and yard are an asset to our neighborhood.

Thank you, Simone, and thank you, Calloway's Nursery for supplying a gift certificate to our Yard of the Month winner.



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Nightly Specials

MONDAY

ENTOMATADAS (typical dish from Oaxaca)

Chicken enchiladas covered with a fresh smooth tomato sauce, queso fresco and sour cream, topped with green avocado slices, served with choice of beans and rice

6.99

TUESDAY

BEEF ENCHILADAS

Picadillo enchiladas wrapped in flour tortilla, covered with our special tomato sauce, queso fresco, sour cream, green onions and cheddar cheese. Served with choice of beans and rice.

6.99

WEDNESDAY

BURRITOS

Half-price burrito dinner. That's right!!!

THURSDAY

ENCHILADAS VERDES

Chicken Enchiladas in our home made tomatillo sauce, topped with sour cream, queso fresco and cilantro, served with choice of beans and rice

6.99

FRIDAY

TILAPIA

Filet of Tilapia sautéed, topped with mango salsa and our special sauce. Served with choice of beans and cilantro lime rice.

7.99

SATURDAY & SUNDAY

FAJITAS (Beef, Chicken, Shrimp, Fish or Veggies)

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7.99

Happy Hour Nightly - Draft Beer

1.99

redcactusrestaurant.com

June/July Events

20th Annual Concerts in the Garden

June 4-27, 2010 (Weekends)
Botanic Gardens
Time to break out the picnic basket and relax under the stars while listening to great music provided by the Fort Worth Symphony Orchestra and friends.

Jubilee Theatre presents "Gem of the Ocean"

June 06, 2010 - June 20, 2010
Jubilee Theater, 506 Main St, Fort Worth, TX 76102-3925

Cow Camp in the Fort Worth Stockyards

June 07, 2010 - Sept. 06, 2010
Fort Worth Stockyards National Historic District, 121 E. Exchange Ave, Fort Worth, TX 76165
This event offers some real cow-

boy fun, while educating them on the cattle drives, the life of a drover, observe various livestock & chuckwagon demonstrations and the equipment they used on the trail.

APHA Summer World Championship Paint Horse Show

June 23, 2010 - July 03, 2010
Will Rogers, 3401 W Lancaster Ave, Fort Worth, TX 76107
The American Paint Horse Association invites you to the action-packed 11-day show starting with the Youth Championship classes and Youth World Games and ending with the reining, cutting and roping classes.

Corvette Public Ride and Drive

June 26, 2010 - June 26, 2010
Texas Motor Speedway, 3545

Lone Star Circle, Fort Worth, TX 76177

Grab the wheel of a 450+hp Chevrolet ZO6 Corvette or jump in and ride with a professional race car driver on the Infield Road Course at Texas Motor Speedway! Must preregister before participating in event.

Fort Worth Zoo's 4th Annual Beastro

June 11, 2010
Fort Worth Zoo, 1989 Colonial Pkwy, Fort Worth, TX 76110-6640
This premier tasting event features cuisine from the area's finest restaurants, live animals, live entertainment and open bars. \$85 for non-members and \$75 for members, Beastro tickets available online or in-person at

the Zoo's Guest Relations office.

Ballet Concerto Summer Dance Concert

8:30 p.m. June 24, 2010 - June 27, 2010
Trinity Park Pavillon- 2401 University Dr, Fort Worth, TX 76107-1145
Free, 817-738-7915

Circle Theatre's 29th Season - Something Intangible

June 24, 2010 - July 24, 2010
Circle Theatre, 230 W 4th St, Fort Worth, TX 76102
When You Wish Upon a Star...

MH neighborhood meetings:

Aug. 17 and Nov. 16 at 7pm at Jeff Davis' house, 2325 Mistletoe Drive.

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Minutes from MHA General Meeting

By Mecca Givens

The quarterly meeting of the Mistletoe Heights Association convened at 7 p.m., May 18, 2010, at the residence of MHA President Jeff Davis.

Order of Business

- Jeff Davis opened the meeting at 7 p.m.
 - **Fort Worth Rotary Club** - Gene Wilson spoke on behalf of the Rotary Club and the American Flag Program. There is still time to join and have flags displayed four more times throughout this year. The MHA association voted to pay for flags to be displayed at the triangle.
 - **Entrance To MH** - The committee continues to work with individuals as well as the city to make this project happen.
 - **Website** - If you have not been receiving email updates from the MHA website, please make sure you have joined the e-mail list. It is still a work in progress!
 - **Treasurer's Report** - Keep those dues coming. Every penny helps to benefit your neighborhood.
 - **Midtown** - Still looking to get the financing to get off the ground.
 - **Welcome Baskets** - Thank you to Joy Teague for her many years of dedication in providing welcome baskets to newcomers. Meralen Tyson and Beth Krugler will now deliver MH's welcome baskets.
 - **Helicopter noise** - The noise from the weekend helicopter tour business was discussed. It was not known at the time of the meeting what permits were issued by the city for this business. This will be checked into.
- Meeting was adjourned at 9 p.m. Thanks to all who were able to attend and thank you to Jeff Davis for allowing the use of his home for the meetings. We look forward to seeing more of you at the next meeting.

Butterflies and hummingbirds

By Dotty Guffey

"Time spent watching birds and butterflies can tell you a lot about what they like," Steve Bingham

You will also see flowers in a different way.

Butterflies like small flat clusters of flowers to feed on, and hummingbirds like long tubular blooms. Both are impressed by dramatic groupings of one color and they don't mind sharing with the bees.

Some of the favored flowers among butterflies and hummingbirds are yarrow, Jupiter's beard, shining sceptre, salvia, Jim's sage, purple passion, heliotrope, pincushion flower, geum, butterfly bush and gaura lindheimeri. When choosing a flower for your garden, remember that what is attractive to your eye is also appealing to butterflies and hummingbirds.

Gardening tip of the month: June is the time for the second major fertilization in all planting areas with organic fertilizer. Foliar feed all plants with Garrett Juice.

And if any plants have yellowing leaves, apply iron and sulfur products. Epsom salts spray will also help in alkaline soil areas. Treat soil with Texas greens and hope for rain. Otherwise, water deeply but infrequently during dry periods.



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Letter to the editor

I'm certainly not the best neighborhood association member in that I've not been a big volunteer, and, frankly, I'm not all that great at getting myself to our quarterly meetings. But I did make it to the one in May. To those who were not there, I think you missed an opportunity to see our neighborhood at its best.

Besides the "taking care of business" part of our meeting, which was accomplished at a nice clip, at the close of the meeting, one of our neighbors candidly expressed that his feelings were hurt by the way he and his home had been represented in a prior newsletter.

Two things struck me about this exchange: One, that our neighbor said what he had to say not from a place of anger, but apparently from a desire to be heard and understood by our group, and, two, that the group listened and responded from a similar place.

While I've always been proud of Mistletoe Heights, I left the meeting that night feeling affirmed that our neighborhood really is as good as I've always felt in my heart it is. It's a place of real community, in the best sense of the word, where honest exchange is valued and appreciated.

- Beth Krugler

Editor's note: The article "Exit Strategy" was meant to be a light-hearted look at our neighborhood. Apologies for any misinterpretation and our lack of judgment.

Don't forget these dates!

Flag Day June 14th, **Juneteenth** June 19th, **Father's Day** June 20th,
First Day of Summer June 21st, **Independence Day** July 4

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Statement from President Obama on the occasion of Juneteenth

THE WHITE HOUSE

Office of the Press Secretary

For Immediate Release

June 19, 2009

On this day in 1865, more than two years after President Lincoln signed the Emancipation Proclamation, those who found themselves still enslaved in Galveston, Texas had their hopes realized and their prayers answered. Contrary to what others had told them, the rumors they had heard were indeed true. The Civil War had ended, and they were now free.

General Gordon Granger issued the call with "General Order No. 3" saying "The people of Texas are informed that, in accordance with a proclamation from the Executive of the United States, all slaves are free." June 19, or Juneteenth, is now observed in 31 states. Nearly a century and a half later, the descendants of slaves and slave owners can commemorate the day together and celebrate the rights and freedoms we all share in this great nation that we all love.

This moment also serves as a time for reflection and appreciation, and an opportunity for many people to trace their family's lineage. African Americans helped to build our nation brick by brick and have contributed to her growth in every way, even when rights and liberties were denied to them. In light of the historic unanimous vote in the United States Senate this week supporting the call for an apology for slavery and segregation, the occasion carries even more significance.

New neighbors

Submitted by Sue Duvall, Irwin Street rep

John and Trudi Stafford moved into their home at 2300 Irwin Street late this spring. They are originally from the area near Baton Rouge, LA. After spending about 30 years in Houston they moved to Pittsburgh. John is retired from the oil and gas industry. They moved here because Trudi is the 'new' head of all nursing at Baylor All Saints Hospital on 8 th Ave. She always goes to Mardi Gras in New Orleans because she is a member of a 'krewe' and gets to ride in the parade. This year she had the honor of holding the Lombardi trophy as she rode !! She is in the same 'krewe' as Harry Connick, Jr. and a lot of other people! John enjoys golf and working in the yard. They have a married daughter who lives in Austin. They are glad to get back to Texas!



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Congratulations to graduates

This is the time of year for a rite of passage: the high school diploma. *Star-Telegram* editorial writer and the mother of two seniors Linda P. Campbell wrote, "And before you're ready, they reach the day they're supposed to put on cap and gown, walk across a stage, shake some hands and be declared ready for the next big thing.

And you're left wondering what happened to that first day of kindergarten, when your daughter wouldn't let go of your hand." For the full column, go to <http://www.star-telegram.com/2010/06/02/2235050/graduations-here-ready-or-not.html>



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A friend of mine with a first-grade son and no pets is looking for a small garage apartment in Fort Worth. If you have one available or if you know of someone who does (MH or any other neighborhood), please e-mail me back directly or give me a call. Carol E. Spencer, carolingfw@sbcglobal.net, 817.927.3240

SUMMER ART CAMP!

Melissa Kohout is offering summer art classes. Classes are one week duration. For the last class, we will have a field trip to the zoo to do studies from life. Dates are not yet set. Please call Melissa for questions and details. 817-924-7063

If you are interested in participating in or donating to The Presbyterian Night Shelter's Operation Move Out, please contact Heather White at 817-632-7415 or hwhite@pns-tc.org

Do you have more t-shirts than you can wear? I have a solution! Turn them into memory quilts. Call Jill at 817-217-4497 or visit www.sew-what-quilts.com

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Estate sales and appraisals in Fort Worth since 1992. Call Anne Bourland for information. 817-924-5959

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Be Water Smart

Don't water between 10 a.m. to 6 p.m.

Our conservation goals cannot be achieved without this support. Become water savvy by following these water efficient guidelines, which are enforced via Fort Worth's conservation ordinance.

- Water before 10 a.m. and after 6 p.m., unless by soaker hose, hand-held hose or drip irrigation.
- Maintain your sprinkler system, making sure there are no broken or leaky heads.
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Paperback books

Paperboard – cereal boxes (liners removed), soda and beer carry cartons, dry goods packaging, paper towel and toilet paper cores.

Paper bags

Phone books

Shredded paper (place in paper grocery bag & roll shut to prevent litter)

Metal Containers -

Please rinse. Labels can be left on.

Aluminum drink cans – do not flatten

Aluminum baking tins

– durable type, not disposable

Steel or tin food cans and lids

Empty aerosol cans – with spray nozzle; remove plastic lid unless part of the can

Empty steel paint cans – a thin skin of dry paint on bottom and sides is OK; remove lid and recycle

Glass Containers - Please rinse. Labels can be left on. All colors accepted.

Bottles and jars – remove metal and plastic lids and recycle

Ceramics
China

Dishes

Mirrors – must fit inside cart with lid closed

Windowpanes – no auto glass

Plastic Containers - Please rinse. All colors accepted.

Containers must be hard plastic.
Bottles, cups and jars – rigid plastic containers with #1 through #7 recycling symbols on bottom of container; remove caps and lids and recycle

Food trays, tubs and bowls – with #1 through #7 recycling symbols on bottom of container

Plastic eating utensils

Architectural style

The Foursquare

The Foursquare, or Box House, is a close relative of the Prairie School. A simple, popular American home whose rectangular shape worked well on city lots in the early 20th century. There are wonderful examples of the Foursquare here in Mistletoe Heights. Most Foursquares were built between 1900 and 1940, and can have quite a variety of design, depending on their locale. The Foursquare home exemplifies the Craftsman architectural period with its practical nature and simplicity of design.



Perhaps you are lucky enough to be the guardian of one of these gems here in the neighborhood.

You can identify a Foursquare by the following clues:

Box or rectangular shape

Two complete stories

Front porches that include wraparound porches to simple stoops

Windows used in pairs (for the most part)

Most have four bedrooms

Hipped roofs

Front roof dormers



US Dept. of Energy says...One of the most cost-effective ways to make your home more comfortable year-round is to add insulation to your attic and homes should have between R-30 and R-60 of insulation in the attic.

Good News....We are having a Summer Insulation Sale!

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Hello Mistletoe Heights Neighbors!

It is time again to collect dues donations for our neighborhood association. All residents of Mistletoe Heights are members of the association and dues donations are completely voluntary. Any amount is welcomed and appreciated.

In addition to the seasonal social gatherings, landscape maintenance, newsletter and directory publications, dues donations fund a number of special projects.

We will once again begin our dues donation drive in the Spring and will conclude our drive in the Fall. Various levels of giving will be recognized in upcoming newsletters with the final recognition for the year being published in our November newsletter if received before October 15th.

Levels of giving for this year are:

Mistletoe - up to \$24

Holly - \$25 to \$49

Gardenia - \$50 to \$74

Magnolia - \$75 and up



Thank you for supporting your neighborhood association. Together we can make Mistletoe Heights an even better place to live.

\$25

\$50

\$75

\$ Other

Name: _____

Address: _____

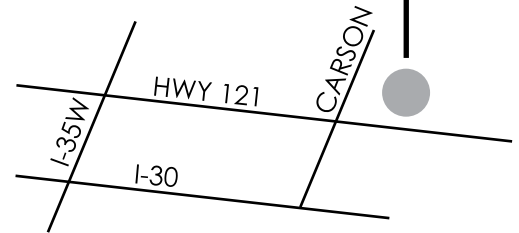
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